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# **2023 Retiree Medical Enrollment**

October 2022



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The retiree informational meeting will cover only the medical plans offered to non-Medicare retirees. Retirees with Medicare who have questions about their coverage should contact **Via Benefits** at **1-855-241-5721** 

Managed by Fermi Research Alliance, LLC for the U.S. Department of Energy Office of Science www.fnal.gov

# Annual Enrollment - October 26 to November 9

Fermilab provides our retirees with a comprehensive and affordable healthcare benefit program.

This **Enrollment Guide** focuses on the medical plans offered to Fermilab retirees and their dependents who are **not Medicare eligible**. These retirees and their dependents receive medical and prescription drug coverage in the PPO or HMO plans provided by Blue Cross Blue Shield of Illinois.

Medicare eligible retirees will continue to partner with Via Benefits for medical and prescription drug coverage to supplement Medicare. Via Benefits will mail materials separately to Medicare eligible retirees and their dependents explaining their options for 2023 If you have questions about this, call Via Benefits directly at 1-855-241-5721 or visit https://my.viabenefits.com/.

Annual Enrollment is your opportunity to make changes to your retiree medical coverage for the upcoming year. You may change between the HMO and PPO plans. You can drop a dependent, but you may not add any new dependents. To make a change, complete the enclosed Annual Enrollment form on page 12 and send it to the Fermilab Benefits Office. If you do nothing, your coverage will stay the same in 2023

# What's happening in 2023

- 1. Medical plan rates are increasing. Rate increases are dictated by several factors: claims experience, projected experience, population demographics and health care inflation. The 2023 retiree medical plan rates are on page3.
- 2. PPO Plan only Retirees enrolled in the PPO plan must purchase maintenance medications in a 90-day supply through Express Scripts Mail Order service or at a Walgreens retail location. See page 4 for details. PPO retirees can also refer to page 9 for an Express Scripts mobile app overview.
- 3. PPO Plan only Livongo Diabetes supplies at no cost. See page 8 for details.



2023 RETIREE MEDICAL ENROLLMENT GUIDE

# **Medical Plans**

IN-NETWORKOUT-OF-NETWORKIN-NETWORK ONLYCALENDAR YEAR PLAN DEDUCTIBLE (pold once in a calendar year)Individual\$500\$750N/AFormity (maximum)\$1500\$2,230N/ACALENDAR YEAR OUT-OF-POCKET MAXIMUM (includes deductible, medical and prescription drug co-pays)Individual\$1,500Individual\$2,200\$41,50\$1,500Formity (maximum)\$4,600\$12,450\$3,000PHYSICIAN CHARGES (co-pays apply to the out-of-packet maximum)\$200 Co-payPrimary Care\$300 Co-pay\$200 Co-paySpecialist\$40 Co-pay\$200 Co-paySpecialist\$30 Co-pay\$300 Co-payDIAGNOSTIC X-RAY AND LAB TESTS530 Co-pay\$300 co-payBilled as place of service office\$30 Co-pay\$300 co-payIngatient90% ofter deductible\$300 co-payIngatient90% ofter deductible\$300 co-payUrgent Care90% ofter deductible\$300 co-payUrgent Care90% ofter deductible\$300 co-payUrgent Care90% ofter deductible\$300 co-paySURGERY100%\$300 co-payIngatient90% ofter deductible\$300 co-payOutpatient90% ofter deductible\$300 co-paySURGERY100%\$300 co-payIngatient90% ofter deductible\$300 co-paySurgers100%\$100 co-payIngatient90% ofter deductible\$300 co-payOutpatient90% ofter deductible\$300 co-payMaximation	MEDICAL PLAN HIGHLIGHTS	Blue Cross Blue Shie	Id IL PPO	Blue Advantage HMO
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Non-Preferred Brand         \$160 co-pay mail order (90 days)         deductible         \$140 co-pay mail order (90 days)	Preferred Brand			
Specialty Drugs         \$150 co-pay (30 day supply)         Not Covered         \$70 co-pay	Non-Preferred Brand			
	Specialty Drugs	\$150 co-pay (30 day supply)	Not Covered	\$70 co-pay

# 2023 Retiree Medical Plan Monthly Rates

Grandfathered Coverage Tier	Blue Advantage HMO	Blue Cross PPO
Single	\$ 265.09	\$ 369.26
Retiree & Spouse	\$ 510.09	\$ 746.29
Retiree & Child(ren)	\$ 488.95	\$ 674.51
Family	\$ 758.53	\$ 1,065.60

On or after 1/1/2020 Coverage Tier	Blue Advantage HMO	Blue Cross PPO
Single	\$ 465.71	\$ 648.70
Retiree & Spouse	\$ 896.11	\$ 1,311.05
Retiree & Child(ren)	\$ 858.97	\$ 1,184.95
Family	\$ 1,332.56	\$ 1,872.00

## Your Coverage Tier

Coverage Tier	Description	Effect of Medicare
Single	One person is covered: 1. Retiree only, or 2. Spouse only, or 3. Child only	No other family members are covered in our plan, or all others have Medicare
Retiree & Spouse	Retiree and spouse	Neither has Medicare
Retiree & Child(ren)	Two or more people – o under age 26, such as: 1. Retiree + child(ren) 2. Spouse + child(ren) 3. Two or more children	<ol> <li>Spouse may have Medicare</li> <li>Retiree may have Medicare</li> <li>Roth parents may have Medicare</li> </ol>
Family	Retiree, spouse and one or more children	None have Medicare

#### Frequently Asked Questions:

#### Q: What are my options during Annual Enrollment?

A: This is your annual opportunity to:

- $\square$  Review both plan options.
- Change between the HMO and PPO plans.
- □ Drop a dependent.
- Update contact information. This can be completed anytime throughout the year by sending an email to: benefitsoffice@fnal.gov.

# Q: Can I add a dependent during Annual Enrollment?

A: No, the plan does not allow retirees to add dependents to the plan after retirement unless it's a newly acquired dependent. For example: The retiree gets married. The new spouse must be added to the plan within 31 days of the event (marriage). Documentation is required.

#### Do you have questions? Attend the Annual Enrollment Meeting!

Ann	Annual Enrollment Meeting Details						
Date	Time & Location						
Tues 11/01	11 a.m. Virtual Meeting						

#### One Meeting Only is available via Zoom

To hear the audio and view the slides, login to the website and dial into the call. To access the **web meeting** go to <u>https://fnal.zoom.us/join/2445358019</u> To hear the

audio, dial 1-646-558-8656 meeting code: 2445358019, passcode: 327646.

# 90 – day supply of maintenance medications available at Walgreens for the PPO plan

- Blue Cross Blue Shield of Illinois (BCBSIL) PPO plan participants must purchase maintenance medications in a 90-day supply at Walgreens or via mail order with Express Scripts.
- □ Filling a 3-month supply of your long-term medication can help you save time, money and trips to the pharmacy.
- □ Mail order service through Express Scripts remains as an option at the same benefit coverage level.
- □ Impacted plan participants will be notified by Express Scripts via letter to the address on file.
- Plan participants will receive two courtesy fills for the incorrect supply amount (34 days instead of 90) or pharmacy (CVS instead of Walgreens).
- □ Plan participants will receive a letter after each courtesy fill with instructions on the next steps.
- Express Scripts and Walgreens will assist plan participants with converting to a 90-day supply or the transfer of a prescription to Walgreens.
- Express Scripts will assist plan participants to switch to the mail order service if there is no Walgreens close to them.

# **Medical Plan Rates Update**

- □ In August 2019, active Fermilab employees were notified of a change to the retiree healthcare insurance contribution percentage.
- $\Box$  This change impacts employees that retire after January 1, 2020.
- □ If you retired prior to 12/31/2019 this does not impact you or your dependent. Non-Medicare eligible retirees and covered dependents as of 12/31/2019 were grandfathered at the cost sharing percentage rate in effect in 2019, which averages about 37% of total premium.
- For those who retired after 1/1/2020 Fermilab changed the percentage the non-Medicare eligible retiree pays for retiree medical coverage as outlined in the schedule below. Please note that the 65% cost share effective 1/1/2022 remains the same in 2023 with no future increases planned at this time.

Retirement Date	Retiree Pays	Grandfathering
Currently retired	37% of premium	Yes, until Medicare eligible
On or before December 31, 2019	37% of premium	Yes, until Medicare eligible
On or after January 1, 2020	50% of premium - cost share effective 1/1/2020	No
	50% of premium - cost share effective 1/1/2021	No
	65% of premium - cost share effective 1/1/2022	No
	65% of premium - cost share effective 1/1/2023	No
	No future increases planned at this time,	

# ACA 1095 Reporting – Provided by March 2023

_1095-B	verage						V	OID			OME No.	1545-22			
Apartment of the Treasury Internal Revenue Service	Health Coverage  Information about Form 1085-B and its separate instructions is at www.ix.gov/form1086b.												20	15	
Part I Responsible I 1 Name of responsible individual	ndividual				2	Social se	curity nu	mber (55	N	1	3 Date c	ri cərm (if	SSN Is n	of availab	40
4 Street address including sparts	nent no.)	5	City or town		6	State or	province	01			7 Coun	try and Z	P or fore	ign positul	code
B Enter letter identifying Origi	n of the Policy (see instructio	ns for codes)		[	1.	Small Bu	annes Had	ath Option	n Program	(SHOP) N	larketplac	a kösentifiker	e applica	200	
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12 Street address (including norm	Gr sulle no.)	13	City or town		16	State or	province			,	5 Court	try and 2	IP or fore	ign posta	l code
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FORM 1095-C WILL BE PROVIDED BY THE BENEFITS OFFICE BY MARCH 2, 2023

FORM 1095-B WILL BE PROVIDED TO BLUE ADVANTAGE HMO MEMBERS BY BLUE CROSS/BLUE SHIELD OF ILLINOIS DIRECTLY, BY MARCH 2, 2023 NOTE: YOU WILL RECEIVE A FORM IF YOU WERE IN THE ACTIVE EMPLOYEE OR RETIREE (UNDER 65) PLANS FOR ANY PORTION OF 2022. DO YOUR LEGAL NAME AND SSN MATCH YOUR SOCIAL SECURITY CARD? ENSURE ACCURACY OF FORM 1095, PLEASE VERIFY YOUR INFORMATION AND ANY COVERED DEPENDENTS ON YOUR ENROLLMENT FORM. ACCURATE DATA WILL ELIMINATE ERRORS UPON SUBMISSION.

<b> 1095</b>		Employer-Provided Health Insurance Offer and Coverage								COTTO	ED 2015							
epartment of the Treasury ternal Revenue Service Information about Form 1095-C and its separate instruct												_	-		1.00	20	15	
Port I Employee 2 Social security number (SSN)						(354)	Applicable Large Employer Member (En 7 Name of employer								loyer) Employe	identific	elikon murr	Ger (EP
3 Street address (	including apart	ment no.)				_	9 Street ad	dress (no	cluding ro	om or sui	te no.)			10	Contact 1	niechore	number	2
4 City or town		\$ State or prov	ince	6 Cou	try and ZIP or fore	pa postal code	11 City or to	m.		12.9	tate or pr	ovince	_	53	Country a	nd ZIP or 1	oreign pos	nal code
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# Go Mobile – access benefits information via mobile device.

- □ Are you always on the go? Do you use a mobile device?
- □ Mobile apps allow you to access the information you need when you need it.
- Blue Access mobile allows secure access to healthcare coverage information, claims status, provider search and ID cards from your mobile device.
- □ See the instructions on the following pages for details on Blue Access mobile.

## 2023 Automatic Account Debit Schedule

Coverage Month	ACH Debit Date	Deadline to Report Changes	Coverage Month	e ACH Debit Date	Deadline to Report Changes
January	1/10/2023	12/31/2022	July	7/10/2023	6/30/2023
February	2/10/2023	1/31/2023	August	8/10/2023	7/31/2023
March	3/10/2023	2/28/2023	Septembe	er 9/11/2023	8/31/2023
April	4/10/2023	3/31/2023	October	10/10/2023	9/30/2023
May	5/10/2023	4/30/2023	Novembe	r 11/10/2023	10/31/2023
June	6/12/2023	5/31/2023	Decembe	r 12/11/2023	11/30/2023

## When You Become Medicare Eligible

Fermilab partners with **Via Benefits**, a wholly owned subsidiary of Towers Watson to assist Medicareeligible retirees in making an informed decision about their healthcare coverage. Via Benefits will provide retirees with personal support and guidance to help them choose appropriate healthcare plans and enroll in their coverage. Fermilab will provide the retiree and his/her eligible dependent with a **Health Reimbursement Account (HRA)**, **funded with \$175 monthly**, per person, to help cover the costs of the plans they choose.

#### Becoming Eligible for Via Benefits and Medicare:

- **Retirees and/or their eligible dependents** will become eligible for both Medicare and the Via Benefits program at age 65.
- Via Benefits will mail a letter to the retiree (or eligible dependent) 6 months prior to the retiree's 65<sup>th</sup> birthday encouraging the retiree to make a telephone appointment with a benefit advisor.
- Via Benefits will mail an enrollment guide and cover letter **3 months prior** to the retiree's 65<sup>th</sup> birthday (or eligible dependent). The enrollment guide will provide detailed information about next steps.
- Retirees (or eligible dependents) should enroll in Medicare the first day of the month in which they turn 65. Retirees and eligible dependents should enroll in Medicare immediately upon becoming eligible because:
  - Blue Cross Blue Shield will begin paying claims secondary to Medicare on the first day of the month the retiree becomes Medicare eligible. A retiree (or eligible dependent) who is not enrolled in Medicare will be responsible for paying the portion of any claims Medicare would have paid, had the retiree enrolled timely.
  - Retirees (or eligible dependents) must be enrolled in Medicare to join the Via Benefits program.
- **Retirees (or eligible dependent) are eligible for the Via Benefits program** the first day of the month following the full month after they turn 65. This provides time to select a plan with Via Benefits.
  - Example: John Smith is already retired from Fermilab and is enrolled in our PPO plan. John's65<sup>th</sup> birthday is February 14, 2023. John will be eligible for the Via Benefits program effective April 1, 2023
  - John's Fermilab group PPO plan coverage will end on March 31, 2023.

# Plan participants will receive diabetes supplies through Livongo at no cost to the participant

- Blue Cross Blue Shield of Illinois (BCBSIL) PPO plan participants may purchase diabetes supplies through Livongo at no cost to the plan participant.
- Participants will receive:
  - An advanced blood glucose meter
  - o Unlimited strips and lancets
  - Real-time tips and support from certified diabetes educators.
- The program will be accessible after January 1 at join.livongo.com/FERMILAB/hi or (800) 945-4355, client registration code FERMILAB.
- This program assists those impacted by diabetes with the cost of the meter and supplies and provides additional support and tools.

#### Visit the retiree benefits website

Up to date retiree benefits information is accessible from the retiree benefits website located at <u>https://retirees.fnal.gov/</u>. The latest information on 2023 annual enrollment is available on the website. No user ID or password is required.

## **Benefit Plan Contacts**

Product/Plan	Contact	Location	Phone	Email/Web Address
			Number	
Retiree Billing	Chrys Lewis	FNAL Accounting	630-840-4369	<u>clewis@fnal.gov</u>
Blue Cross Blue Shield of IL PPO				
PPO (P56727)	Blue Cross/Blue Shield	Customer Service	800-548-1686	www.bcbsil.com
Vision Discount – Blue 365*	EyeMed	Customer Service	800-548-1686	www.bcbsil.com
Telehealth via MDLIVE	MDLIVE	Customer Service	888-676-4204	www.MDLIVE.com/bcbsil.com
Prescriptions (BCBS IL PPO)				
Retail & Mail Order	Express Scripts	Customer Service	866-814-7105	www.express-scripts.com/fermilab
				www.express-scripts.com
Blue Advantage HMO (B51346)	Blue Cross/Blue Shield	Customer Service	800-892-2803	www.bcbsil.com
Prescriptions (HMO)				
Retail	Prime Therapeutics	Customer Service	800-423-1973	www.myprime.com
Mail Order	Prime Mail or		877-357-7463	
	Walgreens		800-275-7204	
Vision Care (HMO Only)	EyeMed	Customer Service	800-892-2803	www.bcbsil.com
401(a) and 403(b) Retirement	Fidelity:	Service Center	800-343-0860	www.netbenefits.com/fermilab
Savings Plans	401(a) (88977)			
	403(b) (501801)			
Legacy Retirement Savings Plan	BNY Mellon (formerly Dreyfus)	Customer Service	800-358-0910	www.dreyfus.com
Providers	(B556572238)			
	TIAA-CREF:	Customer Service	800-842-2273	www.tiaa.org
	401(a) (101300)			
	403(b) (101301)			
Retiree Medical	) (i.e. D.e.e. e fite	Carries Cartan		https://my.viabenefits.com/
Medicare eligible retirees	Via Benefits	Service Center	855-241-5721	
Retiree Medical Questions		Fermilab Benefits		benefitsoffice@fnal.gov
Kennee Medical Questions				

## Do you have questions? Attend the Annual Enrollment Meeting!

Ann	Annual Enrollment Meeting Details						
Date	Time & Location						
Tues 11/01	11 a.m. Virtual Meeting						

#### One Meeting Only is available via Zoom

To hear the audio and view the slides, login to the website and dial into the call. To access the **web meeting** go to <u>https://fnal.zoom.us/join/2445358019</u>. To hear the

audio, dial 1-646-558-8656 meeting code: 2445358019, passcode: 327646.

# **‡** Fermilab

# Livongo<sup>®</sup>

O management

# Diabetes Management, Simplified

Fermi Research Alliance, LLC now offers Livongo for Diabetes to you. It's covered 100% by your health plan. This open enrollment period, register for Livongo and receive a welcome kit in only 3-5 days.

The program is provided to you and your family members with diabetes and coverage through Blue Cross and Blue Shield of Illinois (BCBSIL).

#### You'll get this and more when you sign up:

- Unlimited strips
- · Connected blood glucose meter
  - · Personalized insights
    - Expert coaching

CLAIM YOUR LIVONGO WELCOME KIT TODAY

#### Use registration code: FERMILAB

Online: join.livongo.com/FERMILAB/hi Phone: (800) 945-4355

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al (800) 945-4355 o visite bienvenido.livongo.com/HOLTCAT.

Members must have primary insurance coverage through the Blue Cross and Blue Shield of Illinois (BCBSIL) plan offering the Livongo program. For Administrative Services Only (ASO) and Preferred Provider Organizations (PPO) only. Not available for Fully Insured (FI) or Health Maintenance Organizations (HMO).

Program includes trends and support on your secure Livongo account and mobile app but does not include a tablet or phone.

MOBILE

# It's easy to manage your medicine anytime, anywhere.

Helpful information is just a tap away with the Express Scripts mobile app\*.

Save time and money with home delivery

Refill and renew your prescriptions

See your order status, claims and payment history

Find and compare prices with **Price a Medication** and **My Rx Choices**®

Check for drug interactions and sign up for medicine alerts

Get instant access to your digital member ID card

\*Some features may not be available for all benefit plans.



Scan this QR code to download the Express Scripts mobile app, or go to Express-Scripts.com/mobileapp to learn more.



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#### Fermi National Accelerator Laboratory Benefits Office Automatic Withdrawal Authorization Agreement

Type of Agreement - Please Check Box Below:

New Election	🗌 Change a	as of	Cancellation
Name:		Fermilab ID #:	
(Plea	se print)		
Home Telephone Number:		_ Last 4 Digits of Social SecurityN	umber:
	(Please include area code)		
premiums and, if necessary, make understand that this authorization National Accelerator Laboratory. prior to the change effective date understand that I will be responsible (due to insufficient funds, account	e adjustments to correct any en will remain in effect until I prov Written notification must be rec Notification received after the ole for all non-paid premiums re closed, etc.) and any service	draw funds from my account, for payme rors or to facilitate changes to premium ide written notification of modification of reived by Fermilab Benefits Office by the 15 <sup>th</sup> of the month will be processed the esulting from rejected withdrawals by m fees incurred as a result of the rejected of premiums and once cancelled, will r	a amounts. I r termination to Fermi e 15 <sup>th</sup> of the month following month. I y financial institution transaction. I
Signature:		Date:	
Please provide the requested a	ccount information below rel	ated to the Financial Institution from rawals and/or initiate withdrawal adj	which you authorize
Financial Institution (Bank Name	ə):		
City and State (Location of Bank	:		
Type of Account:	Checking Savings		
PLEASE A	TTACH A VOIDED CHECK OI	R SAVINGS ACCOUNT INFORMATION	v
Return Completed Form to: Fea	mi National Accelerator Labora		
	D. Box 500, M.S. 126	My Name 101 My Addess My City, State, Zp Date Pay to theS	
	tavia, IL 60510 fax to (630) 840-5207	Bank Name         Dollars           Bank Addess         11           11         1.251.66.91.64.13	
	· ,	Reuting Number Account Number Check Number	
FO	R PRIVACY REASONS PLEA	SE DO NOT EMAIL THIS FORM	
	Benefits Offi	ce Use Only	
First Deduction Date:		Amount: \$	
Coverage Level (Non Medicare): Accepted by:	Single Retiree + Sp Date F	Douse Retiree + Child(ren) F Routed to Accounting:	amily
Fax your form to (630) 84	0-5207 or mail to Benef	its Office, PO Box 500 MS 126, I	Batavia, IL 60510

#### Legally Required Notices

#### Women's Health and Cancer Rights Act (WHCRA)

The Women's Health and Cancer Rights Act (WHCRA), signed into law on October 21, 1998, contains protections for patients who elect breast reconstruction in connection with a mastectomy. For plan participants and beneficiaries receiving benefits in connection with a mastectomy, plans offering coverage for a mastectomy must also cover reconstructive surgery and other benefits related to a mastectomy. When a covered person receives benefits for a mastectomy and decides to have breast reconstruction, based on consultation between the attending physician and the patient, the medical plan must cover: reconstruction of the breast on which the mastectomy was performed; surgery and reconstruction of the other breast to produce symmetrical appearance; prostheses and physical complications in all stages of mastectomy, including lymphedemas. Coverage of these services is subject to the terms and conditions of your health plan, including your plan's normal co-payment, annual deductibles and coinsurance provisions.

#### Qualified Changes in Status / Changing Your Pre-Tax

#### **Contribution Amount Mid-Year**

We sponsor a program that allows you to pay for certain benefits using pre-tax dollars. With this program, contributions are deducted from your paycheck before federal, state, and Social Security taxes are withheld. As a result, you reduce your taxable income and take home more money. How much you save in taxes will vary depending on where you live and on your own personal tax situation. These programs are regulated by the Internal Revenue Service (IRS). The IRS requires you to make your pre-tax elections before the start of the election-period year. The IRS permits you to change your pre-tax contribution amount mid-year only if you have a change in status, which includes the following:

- Birth, placement for adoption, or adoption of a child, or being subject to a Qualified Medical Child Support Order which orders you to provide medical coverage for a child.
- Marriage, legal separation, annulment, ordivorce.
- Death of a dependent.
- A change in employment status that affects eligibility under the plan.
- A change in election that is on account of, and corresponds with, a change made under another employer plan.
- A dependent satisfying, or ceasing to satisfy, eligibility requirements under the health care plan.

The change you make must be consistent with the change in status. For example, if you get married, you may add your new spouse to your coverage. If your spouse's employment terminates and he/she loses employer-sponsored coverage, you may elect coverage for yourself and your spouse under our program. However, the change must be requested within 31 days of the change in status. If you do not notify the Benefits Office within 31 days, you must wait until the next annual enrollment period to make a change. These rules relate to the program allowing you to pay for certain benefits using pre-tax dollars. Please review the medical booklet and other vendor documents for information about when those programs allow you to add or drop coverage, add or drop dependents, and make other changes to your benefit coverage, as the rules for those programs may differ from the pre-tax program

#### Grandfathered Health Plan

Effective January 1, 2014 none of the plans at Fermi Research Alliance, LLC are "grandfathered health plans" under the Patient Protection and Affordable Care Act (the Affordable Care Act).

#### Genetic Information Nondiscrimination Act of 2008 (GINA)

The Genetic Information Nondiscrimination Act of 2008 (GINA) prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. "Genetic information," as defined by GINA, includes an individual's family medical history, the results of an individual's or family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services. Blue Cross Blue Shield Blue Advantage HMO Medical Plan generally requires the designation of a primary care provider. You have the right to designate any primary care provider who participates in the network and who is available to accept you or your family members. Blue Cross may designate a primary care provider automatically, until you make this designation. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact Blue Cross at 1-800-892-2803 or www.bcbsil.com.

For children, you may designate a pediatrician as the primary care provider. You do not need prior authorization from Blue Cross or from your primary care provider in order to obtain access to obstetrical or gynecological care from a health care professional in the medical plan network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact Blue Cross at 1-800-892-2803 or www.bcbsil.com.

#### **HIPAA Notice of Special Enrollment Rights**

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing towards your or your dependents' other coverage). However, you must request enrollment within 31 days after you or your dependents' other coverage). In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 31 days after the marriage, birth, adoption, or placement for adoption. To request special enrollment or obtain more information, contact the Benefits Office.

The Children's Health Insurance Program Reauthorization Act of 2009 added the following two special enrollment opportunities:

- The employee or dependent's Medicaid or CHIP (Children's Health Insurance Program) coverage is terminated as a result of loss of eligibility;or
- The employee or dependent becomes eligible for a premium assistance subsidy under Medicaid or CHIP.

It is your responsibility to notify the Benefits Office within 60 days of the loss of Medicaid or CHIP coverage, or within 60 days of when eligibility for premium assistance under Medicaid or CHIP is determined. More information on CHIP is provided below.

#### Protecting Your Privacy

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) requires employer health plans to maintain the privacy of your health information and to provide you with a notice of the Plan's legal duties and privacy practices with respect to your health information. If you would like a copy of the Plan's Notice of Privacy Practices,

#### Medicaid and the Children's Health Insurance Program (CHIP) Offer Free or Low-Cost Health Coverage to Children and Families

If you are eligible for health coverage from your employer, but are unable to afford the premiums, some states have premium assistance programs that can help pay for coverage. These states use funds from their Medicaid or CHIP programs to help people who are eligible for employer-sponsored health coverage, but need assistance in paying their health premiums. A list of states that offer these programs and information about how to contact them is available on the Benefits page at https://hr.fnal.gov/benefits/legal-notices/.

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Fermilab Medical Pla			Annual Enro			ollment F	ent Form Middle Initial		Home email address		
Street Address			City				State, Zip		Home Phone		
Retiree Medical Coverage											
🗌 Plan C	hange	Coverage Change						No Change			
Blue Cross Blue Shield PPO					☐ Single				Retiree + Spouse		
Blue						Family					
BENEFITS OFFICE USE ONLY           Benefit Program         RET         Billing Effective Date         Payment Method         ACH											
BPPORU (B	BCBS PPO No MCR)			1 (Sir	1 (Single) 2 (Retiree + Spouse)						
BLADRU (B	0200 (B	CBS HM	IO No	MCR	3 (Re	3 (Retiree + Child(ren) 4 (Family)					
Please provid Plan	de information belo	w for yours	elf and	l your	eligible c	lependent	ts to be c	over	ed under the Ferm	ilab I	Retiree Medical
Name, Last/First/Middle Initial							al Security Number		Blue Cross - HMO PCP Name		Blue Cross HMO – Medical Group Number (3 digits)
Self											
Spouse*											
Child *											
I decline c	coverage and I unde	erstand that I	cannot	elect	coverage	at a later o	late.				
Retiree Ac	knowledgements	:									
I understand that premiums for my retiree medical coverage will be automatically deducted from my bank account. Completion of an authorization agreement is required. I understand that my coverage will be terminated for non-payment of my premiums.											
I understand	d that my coverage o	nce terminat	ed can	not be	e reinstateo	d.					
terms of the Research Al are eligible f other reasor Parts A and no responsit	d that subject to the p Fermi Research Alli Iliance, LLC, Medica for Medicare. This ir n. I understand that it B prior to my retirem bility to pay any med paid except for my fa	ance, LLC M re becomes f ncludes retire f I or my cove nent, and to p ical expense	edical he prir es and red de pay any s incur	Plan f nary p l depe pende / requ red by	for Employ bayer for a endents wh ent is eligit ired premi	vees and R II medical nose Medic ole for Mec ums. I furt	Retirees, u claims for care eligib dicare, it is her under	ipon r me a bility is s my i stanc	ny retirement from and my covered dep s due to age, disabi responsibility to enr I that the FRA medi	Ferm bende llity or oll in ical p	i ents who r any Medicare lan has
	provided a copy of that if I wish to receive							ed Er	nployees in electror	nic fo	rmat, and
I understand	d that FRA reserves t	the right to ar	nend, ı	modify	y or termin	ate the pla	an at any t	ime.			
Signature									Date		
Benefits Offi	Benefits Office Signature					Date					